

FREE DVD  **BRIDGES REVISIT**
EPISODE EIGHT

PICK UP YOURS FROM TESCO OR WH

Police inspector on murder charge is freed
down mother-in-law due to give evidence

WHY WAS W KILLER BAIL

Stephen Wright
me Editor

E was awaiting trial for murder after strangling his wife then faking her suicide.
He had already tried to kill himself in custody, telling guards: 'I just want to go to sleep.'
...et despite objections by the Crown Prosecution Service, police inspector Garry Wed-



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SKIN DEEP

IN AN Austrian study published in the journal *Evolution And Human Behaviour*, botchiness, age spots, sallowness and redness were shown to add ten to 12 years to a woman's perceived age.

'Skin tone and luminosity may be a major signal of a woman's attractiveness, as well as of her assumed age,' says Dr Karl Grammer, who headed the University of Vienna research team.

THE BEAUTY TREATMENT: The Superceutical Anti-Pigmentation Peel takes just three minutes and evens out skin texture and colour from around £50 a treatment (0845 552 121).

At Harley Medical Group clinics Aesthera PPx light treatments take just ten minutes to treat acne, thread veins and sun spots from £350 (0800 085 4984).

And this spring is due to see the launch of a peptide anti-pigmentation cream from Dermaquest Skin Therapy (0845 555 2121), which the manufacturer claims to be the most effective treatment available over the counter.

BROWS AND LASHES

THE same German study showed that lush, well-arched, dark brows were a key factor in the difference between a plain and a pretty face, with sparse, thin eyebrows reducing attractiveness levels.

Kamini Vaghela (020 7937 2411, £40 per treatment), London's eyebrow queen, uses her unique, painless threading technique to create bespoke eyebrows for celebrities including Sophie Dahl.

'People under-estimate the effect that eyebrows have on your appearance,' she says. 'Women often over-pluck or have eyebrows that are too thick in one area and too thin in another.'

'I create the perfect curve for your bone structure. If you have thin or pale eyebrows, I tint them to create a thicker look. My specialist threading technique makes all eyebrows look thicker and healthier.'

THE BEAUTY TREATMENT: For those with thin eyebrows, semi-permanent make-up by an expert such as Debra Robson Lawrence (www.permanent-makeuper.com, 0845 230 2021, from £400) looks amazingly natural.

She uses injected micropigments to replicate each hair individually. The results last from six months to a year.

Long eyelashes were also rated as more important than eye size. A new cream called DermaLash (£98, 01306 886425) stimulates hair follicles, resulting in naturally longer, fuller eyelashes.

For a quicker fix, lash extensions offer the biggest impact. For £100, a Jinnylash expert (www.jinnylash.com) will attach between 20 and 100 individual synthetic lashes to your natural eyelashes. They last up to nine weeks and the price includes a top-up after three weeks.

SKIN DEEP

LIFE *style*

THE
SCIENCE
OF BEAUTY

From the angle of your cheekbone to the space between your nose and mouth, Lifestyle reveals the new beauty criteria surgeons are using to enhance your looks

